



Welland Indoor Paddle Tank

Tank Location: 16 Townline Tunnel Road, Welland, ON L3C 2T4

Mailing Address: 60 East Main Street, Welland, ON L3B 3X4

Phone: 905-735-1700 x2311 Fax: 905-788-9887

Email: paddletank@canalcorp.ca

www.wifc.ca

Rental Guide – 2015/2016 Season

Last Updated: October 1, 2015.

The Welland Recreational Canal Corporation (WRCC) is pleased to announce the beginning of our second indoor training season at the Welland International Flatwater Centre (WIFC), featuring our multi-sport, dual channel, moving water, adjustable speed, training tank and facility.

This training tank is designed to accommodate both first time paddlers/rowers and national champions in all five flatwater disciplines: canoe, kayak, dragon boat, sweep rowing, and sculling. Not only does the WIFC building feature this state-of-art, custom designed training tank, the adjoining 2,000 square foot, divisible, multi-use space is outfitted with free weights, cardio accessories, weight machines, and ergs, allowing for full athlete training in one location.

Rentals Include:

Renting the facility entitles your organization the use of:

- The indoor paddle tank
- 2,000 square foot room outfitted with fitness equipment
 - Space can be utilized for practice debriefs or instructor led fitness group
 - Fitness equipment: medicine balls, slam balls, dumbbells, skipping ropes and yoga mats
 - Two squat racks, incline/decline benches
 - Rowing, canoe and kayak ergs
- Athlete change rooms and shower facilities
- Storage shelves are available for storage of personal belongings
- Free on-site parking

All 1 hour rentals will be 50 minutes in length to allow for transition time between rentals.

Dates of Operation:

The Welland Indoor Paddle Tank will be operational from Sunday, November 1, 2015 to Sunday, April 17, 2016.

We will be closed on the following dates:

- Thursday, December 24 - Saturday, December 26 (Christmas)
- Thursday, December 31 & Friday, January 1 (New Year's)
- Friday, March 25 – Monday, March 28 (Easter)

2015 – 2016 Rates:

All rates below are based on a 1 hour rental:

Facility Rental	\$140.00 + HST
Affiliate Clubs	\$95.00 + HST
Secondary Schools	\$95.00 + HST
Gym Space	\$40.00 + HST

Rates do not include HST.

If interested in 1.5 hour sessions, please contact paddletank@canalcorp.ca for rates.

For the 2015 – 2016 Welland Indoor Paddle Tank season, for every 10 hours your organization books at the Welland Indoor Paddle Tank, you will receive 1 hour complimentary in the tank.

Waivers/Insurance:

All participants are required to complete a Liability Waiver prior to use of the indoor paddle tank or equipment at the Welland Indoor Paddle Tank. This waiver can be found at the end of this rental guide.

How to Book:

To book the Welland Indoor Paddle Tank, a written request must be submitted using the booking request form to paddletank@canalcorp.ca. Once your request has been received, allow 5 business days to process your request. A confirmation booking form will be sent via email with confirmed dates and times.

Payment:

An invoice will be provided to the organization for payment. Rental fees **must** be paid in full 14 days prior to your first rental. Payment method details will be found on the invoice.

Cancellation Policy:

To cancel a booking, written notice must be sent to paddletank@canalcorp.ca a minimum of 14 days prior to the date(s) affected, for a full refund.

Cancellation rescheduling will apply to groups who are unable to access their rental time due to service related issues, such as severe weather that results in closing the facility.

The leasee is not permitted to exchange, give, or sublet their booked time to any organization.

Inclement Weather Policy:

In the event that the Welland Indoor Paddle Tank is closed due to Inclement Weather, the contact person(s) will be contacted immediately to be notified. It will be their responsibility to notify their members of the closure. The rental time will be rescheduled at an agreed upon future date.

Facility Equipment & Cleanliness Policy:

The Welland International Flatwater Centre strives to maintain a safe and enjoyable experience for all visitors. We ask that all organizations and visitors follow the housekeeping items below:

- Indoor shoes **must** be worn in the paddle tank and gym space
- Gym equipment, including paddles, is returned to their proper location at the conclusion of all rentals
- Gym equipment in the fitness area is wiped down
- Weights stored in their proper area
- Change rooms are clean with no damage to lockers, garbage is in its proper place, etc.

To assist us with this goal, we ask that all facility equipment is handled with care. In the event of damaged equipment, please notify Welland International Flatwater Centre staff immediately and an incident report will be completed. The organization will be liable for repair or replacement fees.

Failure to adhere to the cleanliness of the facility will result in a warning. Repeated occurrences will generate a \$50.00 cleaning fee (plus HST). All fees **must** be paid prior to your organization's next visit to the Paddle Tank.

Safety:

Coach(es) and/or organization representative(s) must be present at all times during the rental of both the indoor paddle tank and the gym. It is the responsibility of the Coach(es) and/or organization representative(s) to ensure adequate supervision is provided. During rentals times there will be a Welland International Flatwater Centre (WIFC) staff member on-site. All WIFC staff are Standard First Aid, AED, CPR C-trained. The facility has an on-site a first aid kit, AED machine, and emergency telephone. The Welland Indoor Paddle Tank emergency action plan is outlined in the Welland Indoor Paddle Tank Safety Manual found at the sport information desk at the Welland International Flatwater Centre. Copies of the emergency action plan are available upon request.

All accidents, incidents, or near misses **MUST** be reported to Welland International Flatwater Centre staff. It is mandatory for an Incident Report Form is required to be completed following.

Location:

Welland International Flatwater Centre
16 Townline Tunnel Road, Welland, ON L3C 2T4
GPS Coordinates: 42.962271, -79.254900

Link to Map: <https://goo.gl/maps/TmzTFBzDBR52>

Contact Information:Bookings and Inquires

Brittany Bilsborough
paddletank@canalcorp.ca
905-735-1700 x2311

Payment

Christy Kosinsky
admin@canalcorp.ca
905-735-1700 x2311



RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT

Name of Participant:	Last Name:	First Name:		
Street Address:				
	City:	Province:	Country:	Postal Code:
Phone Number:	()	Birth Date (mm/dd/year):		
Email Address:				
Parent/Guardian Name:	Last Name:	First Name:		
Emergency Contact (if different from above):	Last Name:	First Name:		
Relationship:		Phone Number:	()	

DISCLAIMER

In consideration of permission to use, today and on all future dates, the property, facilities, staff, equipment, and services of the Welland Indoor Paddle Tank, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue The Welland Recreational Canal Corporation (WRCC), Welland International Flatwater Centre (WIFC), City of Welland, its directors, officers, employees, and agents from liability from any and all claims including the negligence of the Welland Indoor Paddle Tank resulting in personal injury, accidents, or illnesses (including death), and property loss arising from, but not limited to, participation in activities, classes, observation, and use of facilities, premises, or equipment.

ASSUMPTION OF RISKS & RELEASE OF LIABILITY AND INDEMNIFICATION

In consideration of the WRCC/WIFC allowing use of the Welland Indoor Paddle Tank, I hereby acknowledge that I am aware of the risks associated with or related to the use of the Welland Indoor Paddle Tank and the gym space. The undersigned acknowledges, appreciates, and agrees that:

- The risk of injury from the activity involved in this event or activity is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
- I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation; and,
- I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the Welland Recreational Canal Corporation, the Welland International Flatwater Centre, the City of Welland, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releases"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

ACKNOWLEDGEMENT AND UNDERSTANDING

I acknowledge that I have read and understood this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing this agreement freely and voluntarily, and intend my signature to be a complete and unconditional release of all liability.

Signed this _____ day of _____, 20_____.

Signature of Participant

Signature of Witness

Signature of Parent/Guardian (If Under 18)

Printed Name of Witness