



Flatwater Sports Excellence

2023 Event Schedule

Date	Event	Discipline	Course
April 29 to May 7	CKO Development Camp	Canoe Kayak	North
May 13 ★	Row Ontario Small Boat Trials	Rowing	South
May 20 & 21	SNRC South Niagara Invitational	Rowing	South
June 10	Welland Dragon Boat Festival	Dragon Boat	North
June 11	CanAqua Swim, Run Challenge	Swimming, Running	Waterway
June 17 ★	Tony Biernacki Sr. Memorial Regatta	Rowing	North
June 24 to 25	Rose City Triathlon	Triathlon	North
July 8 ★	Cora Regatta	Rowing	South
July 9	Canadian Tire Welland Floatfest	Community	Rotary Park
July 15	WOD High Performance Regatta	Canoe Kayak	North
July 16 ★	Row Ontario Provincial Masters Regatta	Rowing	North
July 20 to 23 ★	Dragon Boat Canada National Championships	Dragon Boat	North
July 24 to 25 ★	DBC National Team Camp	Dragon Boat	North
July 28 to 30	WOD Trials & Championships	Canoe Kayak	North
July 29 to 30 ★	Row Ontario Provincial Championships	Rowing	South
July 30 to August 2	WOD Canada Cup	Canoe Kayak	North
August 6	Canqua Midsummer Classic	Swimming, Swimrun	North
August 12 to 13	Swim CAN/ON Open Water Swim	Swimming	North
August 19 to 20	CKO Sprint Championships	Canoe Kayak	North
August 26	Hope Floats Dragon Boat Festival	Dragon Boat	North
September 2	Triathlon Ontario	Triathlon	North
September 10	Canqua Sports Open Water Swim	Swimming	North
September 16 & 17	Niagara Falls Barrelman Triathlon	Triathlon	North
September 23	Head of the Welland 5 Bridges Fall Classic	Rowing	Waterway

Be part of the excitement on the waterway!

★ Events with a star require volunteers, please visit us at wifc.ca to sign up
All volunteers receive lunch, a t-shirt and stipend donation to a non-profit of their choice!



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