



## BOOKING DATES REQUEST(S) continued

Total Number of Hours Requested:

I confirm that all participants using the facilities at the Welland International Flatwater Centre are members of a national sporting association (i.e. Rowing Canada Aviron, Canoe Kayak Canada, and/or Dragon Boat Canada) and, as such, are covered under the insurance policy that organization provides.

Initials: \_\_\_\_\_

### Disclaimer

By submitting this form you agree to the following statement: I/we hereby undertake to indemnify the City of Welland, the Welland International Flatwater Centre (WIFC), and the Welland Indoor Paddle Tank against the legal liability of all claims arising from negligence, costs and demands (unless attributable to the negligence of the said parties above) in connection with this booking. I/we also undertake to accept responsibility for the due observance of regulations printed in the accompanying documentation and to pay the full amount of charges. A completed booking form is not proof of booking. All bookings will be confirmed with a separate response that will serve as proof of booking.

I hereby declare that I have read and understand the General Rules and Regulations found in the Welland Indoor Paddle Tank Rental Guide and agree to comply.

Signature:

Date:

## BOOKING INFORMATION

The Welland International Flatwater Centre (WIFC), featuring multi-sport/dual channel/moving water/adjustable speed training tank. The training tank is designed to accommodate all experience levels in five flatwater disciplines: canoe, kayak, dragon boat, sweep rowing, and sculling. An adjoining 2,000 square foot, divisible, multi-use space is outfitted with free weights, cardio accessories, weight machines, and ergs to allow for full athlete training.

***All 1 hour rentals will be 50 minutes in length to allow for transition time between rentals.***

Renting the facility entitles your organization the use of:

- The indoor paddle tank
  - 2,000 square foot room outfitted with fitness equipment
  - Space can be utilized for practice debriefs or instructor led fitness group
  - Fitness equipment: medicine balls, slam balls, dumbbells, skipping ropes and yoga mats
  - Two squat racks, incline/decline benches
  - Rowing, canoe and kayak ergs
- Athlete change rooms and shower facilities
- Storage shelves are available for storage of personal belongings

### ***How to Book:***

The Welland Indoor Paddle Tank Request Form must be filled out and returned to paddletank@welland.ca. Once your request has been received, allow 5 business days to process your request.

### ***Waivers/Insurance:***

You will be required to acquire Liability Insurance in the amount of \$5 million (minimum) naming the City of Welland as additional insured. All participants are required to complete a Liability Waiver prior to use of the indoor paddle tank or equipment. A copy of the waiver will be provided to each user group upon booking confirmation of their first rental.

### ***Cancellation Policy:***

- 60+ days' notice prior to the scheduled event, a refund less administration fee of \$43.00 + HST will be issued by cheque;
- Between 60 to 30 days' notice prior to the scheduled event – 50% refund, less administration fee;
- Less than 30 days' notice prior to the scheduled event – no refund.

## OFFICE USE ONLY

Date Received:

Received By: